

## Massage Tips and Techniques

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**IMPORTANT:** Scar massage should only be started after the wound has closed completely.

- Scar massage should be done gently over the length of the scar and the surrounding tissue.
- Begin massage with gentle circular motions. If this is comfortable, you may add horizontal and vertical massage motions.
- Gradually increase massage pressure daily over duration of treatment.

Scars vary in sensitivity, and newer scars are often more sensitive and require very gentle massage techniques. These tips are intended as a guide only. If irritation occurs, stop use and consult your health care provider.

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### Cautions:

- When using this product, avoid contact with eyes and mucous membranes.
- For children under 6 months of age, consult doctor.
- Keep out of reach of children.
- If swallowed, get medical help or contact a poison control center right away.

**Warnings:** For external use only. Do not use on open wounds.

**Ingredients:** Polysiloxane (silicone)

Store at 59°-86°F (15°-30°C)

**Questions or Comments:** Call 866-943-7225 Mon-Fri, 9am-5pm EST or visit [www.MyScarAway.com](http://www.MyScarAway.com)

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# ScarAway<sup>®</sup>

The Solution for Scars<sup>™</sup>

## Scar Diminishing Serum

with Gentle Massaging Rollers



New ScarAway Scar Diminishing Serum has advanced, tri-roller action harnessing the power of not one, but two proven scar fighters, silicone and massage, to help soften, smooth and diminish the appearance of scars.

Silky Smooth • Non-Greasy  
Odorless • Safe for Sensitive Skin

Completely Invisible Formula

Clinically Proven  
**Silicone Gel  
Technology**

Thank you for selecting ScarAway® Scar Diminishing Serum. ScarAway works on newly healed wounds and visible older scars. Even scars that are years old and appear raised and discolored can become flatter, smoother, and less visible – closer to your skin's natural texture and color. Heal better, feel better, with ScarAway.

## Directions for Use

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1. Ensure scar area is clean and dry.
2. Prior to first use, click end of dispenser several times to begin flow of serum.
3. Click 1-2 times and apply rollers to scar area. Begin with one click and click to dispense more serum as needed. Use sparingly. One click of our concentrated serum goes a long way.
4. Gently massage the scar area with rollers for 1-2 minutes, 2-3 times per day.
5. If necessary, gently blot excess with a tissue.

## Commonly Asked Questions

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### How does ScarAway work?

ScarAway is specially formulated for scars and uses the powerful scar fighting combination of concentrated silicone and massage. Topical silicone has been clinically proven to reduce the appearance of scars both old and new, and may also be used after skin injury to help prevent the formation of scars. Massage is also recommended by doctors to accelerate healing, help keep skin pliable, and break down scar tissue. Now, ScarAway makes it easy by combining these two proven scar fighters in one innovative, easy to use product. ScarAway also alleviates the itching and discomfort associated with scars.

### When should I begin using ScarAway?

For newly healed wounds, you may begin using ScarAway as soon as the skin is healed and there is no oozing or crusting in the area. Treatment with ScarAway for post surgical scars may typically begin approximately 1-2 weeks after stitches are removed or when cleared by your physician or surgeon for use. For existing scars, you may begin using ScarAway right away, provided your skin is fully healed.

### What types of scars does ScarAway work on?

ScarAway works to diminish scars resulting from surgery, injury, burns, acne, stretch marks, cuts, and insect bites.

### Can I use ScarAway on any part of my body?

Yes. ScarAway is ideal for use on any part of the body, even exposed or hard-to-treat areas such as face, ears, neck, scalp, arms, hands, and joint areas. ScarAway can also be worn under makeup.

### How long should I use ScarAway?

Treatment duration will vary from person to person and from scar to scar, depending on many factors. Recommended duration of treatment is 8-12 weeks for new scars, and 3-6 months for existing scars or until scar stops responding. Individual results will vary.

### Can I use ScarAway Scar Diminishing Serum with ScarAway Silicone Scar Sheets?

Yes. ScarAway Scar Diminishing Serum may be used as part of your complete scar treatment regimen. Simply apply ScarAway Serum as directed when not wearing your ScarAway Silicone Sheet.

For answers to additional commonly asked questions and to learn more about ScarAway and facts about scars, please visit us at [www.MyScarAway.com](http://www.MyScarAway.com)